

IL TRIO STUDENT LEADERSHIP 2022
All Workshops in the State Farm Hall of Business

| SESSION ONE-10:00-10:50am | | | |
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| PRESENTER | WORKSHOP | BRIEF DESCRIPTION | SESSION TIME AND ROOM |
| Asley Pollas & Jose Alvarez President & Vice President Noble Sheep, LLC | POWER UP! STUDENT EXPERIENCE | This session will equip you with a proven foundation for doing your best work, with the best people, for the best outcomes. You deserve to make your dreams become a reality, and maximizing these three components builds momentum to living empowered and leading boldly! Our sessions are highly interactive. We use games for participants to complete challenges that align with the message, various thought provoking scenarios, music, and images to maximize engagement and long-lasting impact. Circumstance won't change unless you do. It is time to POWER UP! | Session 1 Saturday June 4-10:00-10:50am State Farm Hall of Business Room 131 |
| Michael Pittman Founder & CEO, Simple Money Academy | Who Wants to Be a Millionaire? How To Make Your First Dollar In the Stock Market | The stock market is a powerful tool that has produces new millionaires every day. Unfortunately, stock market investing is viewed as complicated, risky, and a fit only for those who come from privileged backgrounds and beginnings. This presentation breaks down the "Three D's" of Investing and how anyone can get started investing today. The presenter will show the participants actual investments that many of the wealthiest people and companies invest in, and then, they will teach them how they too can invest in the same opportunities for as little as \$1. I will use a Quizziz game to create a fun and competitive environment for students to win money. I also interact with the audience throughout the presentation. | Session 1 Saturday June 4-10:00-10:50am State Farm Hall of Business Room 132 |
| Samantha M. Vazquez Students' Attorney ISU Dean of Student's Office | 10 Things You Need to Know Before Going to Law School | If you have ever thought about becoming a lawyer, consider it seriously. The profession needs fresh, passionate advocates from a variety of backgrounds. Advocates like you. In this presentation, I will give you my list of the top ten things you need to know before going to law school. This list includes advice about preparations to make as an undergraduate student, what to expect when you get to law school, and a look at how to navigate your post-law school career. This session will use the "The Winning Argument" debate activity to foster participant engagement. | Session 1 Saturday June 4-10:00-10:50am State Farm Hall of Business Room 133 |
| Lolita Mack | athLEAD: Rated E for Every Student Athlete | Every student athlete is put in a position to use their influence on and off their sport platform. In this interactive workshop, students will use their leadership, teamwork, networking and communication skills to complete a problem solving task | Session 1 Saturday June 4-10:00-10:50am State Farm Hall of Business Room 135 |

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| Phoebe McLean | My Top Five Strengths – StrengthFinders | The purpose is to assist students and self in uncovering talents and skills. Strategies are provided that allow students to apply strengths to career paths and everyday life. Also, have insightful conversation to change the perspective on how students view themselves and the capital they bring in spaces. | Session 1 Saturday June 4-10:00-10:50am State Farm Hall of Business Room 145 |
| Joseph M. Goodman, Ph.D. | Understanding your goal orientation: Are you more learning, proving, or avoidance motivated? | Goal orientation is a personality disposition wherein one approaches performance-directed tasks. In this workshop, attendees will assess their goal orientation disposition and understand how this may impact their performance in the classroom and subsequently in the work environment. Research will be presented from a variety of social science disciplines. Participants will also learn about a variety of mental heuristics used to cope with performance-related accountability. | Session 1 Saturday June 4-10:00-10:50am State Farm Hall of Business Room 147 |
| Tashay Dennie Asst. Dean Of Students ISU Dean if Student’s Office | Access Granted: Developing Your Toolkit as a First Generation Student | Identifying as a first-generation student is a STRENGTH. During this presentation, participants will discover and analyze the different ways that being a first-generation college student gives them assets that benefit themselves and their community. Two engagement activities will anchor this workshop: Languages of Resilience and First Gen Legacy Letter. | Session 1 Saturday June 4-10:00-10:50am State Farm Hall of Business Room 148 |
| Stacey Parton & Nicole Anderson Staff Counselor ISU Counseling Services | What is a Leader Without Stress Management? | Explore how we tend to respond to stress and loss in ways that can interfere with how we function in many areas of life. Discover activities and resources that can help you reduce stress so that you can make the most of your professional, social, and academic potential. | Session 1 Saturday June 4-10:00-10:50am State Farm Hall of Business Room 149 |
| Session 2 11:00-11:50 | | | |
| Asley Pollas & Jose Alvarez | HOW TO STOP CHASING MONEY & HAVE IT CHASE YOU | There is an art to making money and it is not what you think! If you feel like you have to go and chase the "bag", it implies that money is running away from you. Money chases value, and it is time for you to understand how value works. The goal of this session is to expose participants to three research-based skills that will make them extremely valuable in the professional world. Mastering these three skills dramatically increases earning potential. Our sessions are highly interactive. We use games, scenarios, music, and images to maximize engagement and long- | Session 2 Saturday June 4-11:00-11:50am State Farm Hall of Business Room 131 |

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| | | lasting impact. Our workshops have been categorized as electrifying, cooperative, and culturally affirming and relevant. | |
| Michael Pittman Simple Money Academy | Who Wants to Be a Millionaire? How To Make Your First Dollar In the Stock Market | The stock market is a powerful tool that has produces new millionaires every day. Unfortunately, stock market investing is viewed as complicated, risky, and a fit only for those who come from privileged backgrounds and beginnings. This presentation breaks down the “Three D’s” of Investing and how anyone can get started investing today. The presenter will show the participants actual investments that many of the wealthiest people and companies invest in, and then, they will teach them how they too can invest in the same opportunities for as little as \$1. I will use a Quizziz game to create a fun and competitive environment for students to win money. I also interact with the audience throughout the presentation. | Session 2 Saturday June 4-11:00-11:50am State Farm Hall of Business Room132 |
| Samantha M. Vazquez Students’ Attorney ISU Dean of Student’s Office | Contract Basics: a Lease Review Workshop | A lease may be the first legal document one is asked to sign. A lease is a binding contract and is enforceable in a court of law. This workshop will give you the information to not only understand the risks one takes when they sign, but also give you practice in turning your understanding into client advice. We will work through a live lease to identify points of concern, decipher complex “legalese,” and determine the best advice to give to our client. | Session 2 Saturday June 4-11:00-11:50am State Farm Hall of Business Room 133 |
| Lolita Mack | Financial Literacy Memory Game | Financial Literacy is one of the fast growing topics in Education. This workshop is an interactive challenge of memory skills and knowledge of financial aid and financial terms. After the interactive game, we will focus on the discussion of the terms and why they are important for students. | Session 2 Saturday June 4-11:00-11:50am State Farm Hall of Business Room 135 |
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| Joseph M. Goodman, Ph.D. | Navigating the Interview: What your body language | In this highly interactive workshop, participants will learn the impression(s) their nonverbals are communicating. Participants will learn of the cognitive biases within the interviewing process and the mechanisms interviewees can use to | Session 2 Saturday June 4-11:00-11:50am State Farm Hall of Business |

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| | says before you even speak your first word. | overcome these biases. This Fat-Joe will emphasize the 'lean in' rather than the 'lean back' when interacting with interviewers. Again, please come prepared to set your shyness aside and take a seat, front and center, as we learn to have our non-verbal's match our verbal's. | Room 147 |
| Tashay Dennie Asst. Dean Of Students ISU Dean of Student's Office | Access Granted: Developing Your Toolkit as a First Generation Student | Identifying as a first-generation student is a STRENGTH. During this presentation, participants will discover and analyze the different ways that being a first-generation college student gives them assets that benefit themselves and their community. Two engagement activities will anchor this workshop: Languages of Resilience and First Gen Legacy Letter. | Session 2 Saturday June 4-11:00-11:50am State Farm Hall of Business Room 148 |
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| | TRIO Staff Escape Room | | Session 2 Saturday June 4-11:00-11:50am State Farm Hall of Business Room TBD |